

PITCH COUNT POLICY

American Legion National Headquarters has adopted PITCH SMART for American Legion Baseball.

The Minnesota Policy is to adopt the following pitch count format during the 2017 baseball season. For this year only, this policy is not mandatory until the beginning of the playoffs, about July 15, 2017, but we recommend that teams implement this policy during the entire season and do so on the honor system [as we have no way to track it]. There is a link on the State website with valuable recommendations for coaches, players and parents on the proper care of a player's pitching arm.

PLAYOFF PITCH COUNT RULES

Senior Teams:

1-30 pitches: 0 days off

31-50 pitches: 1 day off

51-75 pitches: 2 days off

76-120 pitches: 3 days off

NOTE: Two [2] games in a row of 50 pitches [total] or fewer requires a day off. The pitcher can finish the hitter [e.g. to 122 pitches if need be]. Pitches for intentional walks count in these pitch counts.

Junior Teams:

1-30 pitches: 0 days off

31-50 pitches: 1 day off

51-75 pitches: 2 days off

76-105 pitches: 3 days off

NOTE: Two [2] games in a row of 50 pitches [total] or fewer require a day off. The pitcher can finish the hitter [e.g. to 107 pitches if need be]. Pitches for intentional walks count in these pitch counts.

The above pitching rules apply to playoffs for 2017 only; but as noted above, we do recommend that teams adhere to this policy throughout the season. Violation of this pitch count rule during playoffs results in an ineligible player, which is a forfeit.

NOTE pitch count rule in Regional and World Series play are different from those outlined above and those teams will need to adhere to the Regional/World Series rules.